

SUNDAY February 28, 2010 TRI-FAMILY-RACING PRESENT'S

The 2nd JCC Scottsdale Spring Adult & Youth & Relay Sprint Triathlon & Duathlon

**MINI TRI: Adults: 250 yd. Swim, 9.5 mi Bike, 2 mi Run; MAXI TRI: 500 yd. swim, 12.6 mi Bike, 4 mi Run
Youth: 100 yd. Swim, 3.1 mi Bike; 1/2 mi Run**

DU: Adults: 1/2 mi. Run, 9.5 mi. bike, 2 mi. Run - (NO YOUTH DUATHLON)

WHERE: The Valley of the Sun Jewish Community Center Pool, 12701 N. Scottsdale Rd., Scottsdale, AZ
(Northeast corner of Sweetwater & Scottsdale Road)

WHEN: Adult Triathlon & Duathlon starts at 7:30am, Youth triathlon approx. 9/9:30 am. **ALL TRI-ENTRANTS MUST HAVE THEIR BIKES IN THE TRANSITION AREA NO LATER THAN 7 AM**

AWARDS: Five deep in all age & team categories. All children receive a ribbon regardless of finish.

REGISTRATION: Registration packets and late registration will be available at Landis Cyclery, Saturday, February 27, 2010 at 1006 E. Warner Rd., (corner of Rural & Warner in Tempe) 11 am - 5 pm. All entrants **MUST** sign a **LIABILITY WAIVER** at packet pick up (ID required). Packet pick-up is on Saturday and is **HIGHLY recommended**, if not, packet pick up on race day closes at **6:45 am**. Parent signature required if participant is under the age of 18 yrs old. **HELMETS ARE REQUIRED!**

FEES: Individual MINI TRI OR DU: \$70 postmarked before Feb 6th \$82 thereafter.

Individual MAXI TRI - \$80 post marked before Feb 6th, \$90 thereafter.

RELAY TEAMS: TRI ONLY \$150 postmarked before Feb 6th \$160 thereafter. (No Children's or Du Teams)

Youth Race TRI ONLY: \$50 postmarked before Feb 6th \$55 thereafter

RACE DAY ENTRIES ADD ADDITIONAL \$5 TO LATE FEE! REG. IS LIMITED TO 400 ENTRANTS!

DIVISIONS: Children's Race Age divisions: 7-8, 9-10, 11-12, 13-14 yrs old (TRI ONLY)

(Individual Male and Female) 15-19, 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70+,
Athena - Females 150+ lbs --- Clydesdale - Males - 200+ lbs, Relay divisions: Coed, All Female, All Male.

SPONSORS: The Valley of the Sun Jewish Community Center, Landis Cyclery, Adobe Images, Carlos O'Brien's, M & J Trophies, Triple Sports., Hammer Gel, Adobe Graphics, Sprout's, Coffee's of Hawaii, Tri-Family Racing; Over \$750.00 in merchandise, WOW !!!!!

MAIL ENTRY FORMS to: Tri-Family Racing, PO Box 86867, Phoenix, AZ 85080-6867

"Make checks payable to Tri-Family Racing" Or register online at www.Active.com.

LAST NAME										FIRST NAME										CHECK ADULT OR YOUTH	
										JCC ADULT MEMBER Less \$5, YOUTH Less \$3											
CITY										STATE		ZIP CODE				Athena		Clydesdale			
												S		M		L		XL			
AGE		SEX		AREA CODE		PHONE NUMBER															

Check Mini Triathlon

Check Maxi Triathlon

Check Duathlon

For More Information
E-mail trifamilyracing.com

E-Mail Address

RELAY TEAM INFORMATION ONLY:

TRI RELAY TEAM NAME										COED		ALL MALE		ALL FEMALE	
SWIMMER: LAST NAME		FIRST NAME						Shirt Size		Sex					
BIKER: LAST NAME		FIRST NAME						Shirt Size		Sex					
RUNNER: LAST NAME		FIRST NAME						Shirt Size		Sex					