July 1, 2018 The 11th Annual REVERSE Firecracker Southwest Valley Family YMCA Adult & Youth Sprint Triathlon & Duathlon

The Youth & Adult Triathlon swim is in a heated pool!

MINI TRI: 2.0 Run, 8.0 mi Bike, 200m. Swim ---- MAXI TRI: 2.0 mi. run, 12 mi Bike, 400m. Swim MAXI TRI PLUS 2.0 mi. Run, 16 mile Bike, 800 m swim YOUTH TRI: 1/2mi. run, 4 mi. Bike, Swim 100m. MAXI Duathlon: 2.0 mi. Run, 12 mi. bike, 2.0 mi. Run

Adult two or three person Tri-Relay --- Same distances as Maxi Tri PLUS Individual

- **WHERE**: The Southwest Valley Regional YMCA, 2919 N. Litchfield Rd. (On the northeast corner of Thomas & Litchfield rd.)
- **WHEN**: Youth **Tri** starts at 5:35am. ALL TRI-ENTRANTS MUST HAVE THEIR BIKES in transition **AREA NO LATER THAN 5:15 AM** (Adult's **Sprint Tri SWIM** begins at the conclusion of Youth event approx 6/6:15am)
- **Heated pool swim, all Bike and run is on paved Policed and barricaded city streets or sidewalks.**
- **AWARDS**: Five deep in all age & Relay team categories. All youth also receive a participant ribbon.

REGISTRATION: June 30th from 2pm to 4:30pm at the Phoenix Landis Cyclery at 712 W. Indian School Rd, Phoenix, (at the northwest corner of Indian School road & 7th Ave.) All entrants MUST sign a liability waiver at packet pick up.

MINI TRI: $80 postmarked before June 9th, $87 before June 23rd, $90 thereafter.

MAXI TRI OR DUATHLON: $90 post marked before June 9th, $99 before June 23rd, $105 thereafter

MAXI TRI PLUS: $99 post marked before June 9th, $105 before June 23rd , $110 thereafter

RELAY TEAMS: TRI ONLY $215 postmarked before June 9Th thereafter $225

YOUTH TRI: 6–14 years old: $59 postmarked before June 9th, $65 before June 23rd Thereafter $69

RACE DIVISIONS: Children's Race Age divisions: 7-8, 9-10, 11-12, 13-14 yrs old. Adult TRI Individual Male and Female Mini Tri & Maxi Tri (under 49 and Maxi DU) - 15-19, 20-24; 25-29; 30-34; 35-39; 40-44; 45-49;50-54, 60-64, 70+, **Athena** – Females 150+ lbs --- **Clydesdale** – Males - 200+ lbs,

SPONSORS: AZTriproject, Landis Cyclery, Southwest Valley YMCA, Carlos O'Brien's, M & J Trophies, Tribe Multisports, Anteater Exterminating, Tri-Family Racing, : Over $500.00 in merchandise, WOW !!!!!

SIGN UP: Register online at trifamilyracing.com OR Mail in your entry to Tri-Family Racing, PO Box 86867, Phoenix, AZ 85080-6867 Make checks payable to Tri-Family Racing.

LAST NAME FIRST NAME

CITY STATE ZIP CODE Athena Clydesdale

AGE SEX AREA CODE – PHONE NUMBER – S M L XL

Youth Tri	Check Mini Triathlon	Check Maxi Triathlon	Check Maxi Triathlon Plus	Check Maxi Duathlon

For More Information Visiit trifamilyracing.com

TRI RELAY TEAM NAME Gender

Runner: LAST NAME FIRST NAME Gender

BIKER: LAST NAME FIRST NAME Gender

Swimmer Last name